The Urology Care Foundation and its Board of Directors are dedicated to supporting and improving the prevention, detection and treatment of urological diseases through research and education. The Foundation strives to provide current and reliable urologic information to the public, as well as fund young scientists working hard to find the cures of tomorrow for urologic conditions and diseases.

I am pleased to present to you the Urology Care Foundation’s 2018 Annual Report. This report highlights our overall impact in research and education with a focus on the achievements we made in 2018, including how we made a difference in research, patient education, community outreach and more.

On behalf of the Board, I want to recognize the contributions of our staff, professionals who volunteered their time and donors. Your generous support enables us to move our mission forward and better the lives of urologic patients everywhere.

Together, we make a difference.

Harris M. Nagler
President

VISION
Be the leader in improving health care for urologic patients worldwide through supporting research and providing education.

MISSION
We support and improve urological care by funding research, developing patient education and pursuing philanthropic support.
Together, We Made a Difference in 2018

ANNOUNCED OUR FIRST RECIPIENT OF THE
Physician Scientist Residency Training Award

ANNOUNCED THE
Chesapeake Urology Associates
Sanford J. Siegel, MD Prostate Cancer Research Scholar Fund

HOSTED THE INAUGURAL BLADDER HEALTH MONTH “Day of Thanks” ON SOCIAL MEDIA IN NOVEMBER.
The day’s social media campaign featured more than 100 tweets resulting in nearly 600,000 impressions.

PARTNERED WITH THE AUA TO LAUNCH THE FIRST IN A SERIES OF ONLINE EDUCATION COURSES, FOCUSING ON how to write a successful grant application, SPECIFICALLY FOR UROLOGY RESEARCHERS.

Increased our patient education repository +230 patient education collateral pieces

Provided funding to 72 young researchers $1.5M Research Funding

Welcomed 3M visitors to UrologyHealth.org

Early-Career Investigators have earned $8M in federal funding!

Expanded the reach of our award-winning magazine UrologyHealth extra® +10%
“The Urology Care Foundation not only promotes young scholars and gives them confidence in themselves and a boost in the beginning of their careers, but also does a lot of fundraising for the field and lot of good work. I think the Foundation is a tremendous asset to urology and to urology research.”

– Margot Damaser, PhD
The Urology Care Foundation, working with the American Urological Association (AUA), supports research aimed at helping the millions of men, women and children who struggle with urologic cancer and disease. This research has led to better care, treatments and an improved quality of life for millions of people around the world. Since 1975, the Foundation has supported more than 750 outstanding young scientists with more than $30 million in research funding dedicated to preventing, diagnosing and treating urologic conditions.

$1.5M in funding provided to 72 young researchers

The Foundation not only funds the best research from talented scientists, but also helps to foster and develop their careers to support a long-lasting commitment to finding breakthroughs in patient care. The award selection process involves a group of urologic research experts who evaluate the quality and potential impact of every research project before it is funded, as well as the applicant’s potential to become a future leader in the field.

6
Rising Stars in Urology Research

Physician scientists discovering new ways to improve patients’ lives through research that encompasses identifying key protein responses in prostate cancer cell development to improve targeted therapies, to measuring the effects federal payment models have on reducing health care costs and improving the quality of life for cancer patients.

47
Research Scholar Awards

Young investigators working alongside, and being mentored by, established researchers in studies ranging from exploring the genetic basis of prune belly syndrome in children, to determining the impact of cancer surgery on a patient’s response to immunotherapy.

5
Residency Research Awards

Urology residents preparing for a career in urologic research conduct studies such as a detailed cost analysis of treating low grade non-muscle invasive bladder cancer and improving emergency care for kidney stone patients.

14
Summer Medical Student Fellowships

Giving outstanding medical students an opportunity to explore urologic research through such projects as comparing the efficacy of NSAIDs versus opioids in patients undergoing kidney stone treatment and understanding the long term outcomes of kidney function for obese patients following open and robotic partial nephrectomy.
Joel Berends, MD was named the inaugural recipient of the Urology Care Foundation's new Physician Scientist Residency Training Award. This award supports an intensive, three-year research training program embedded within urology residency. The focus of the program is to help grow the population of surgeon-scientists who can effectively lead robust research programs, successfully compete for independent research funding and more effectively engage with basic scientists. Dr. Berends will complete an eight-year urology training program at the University of Michigan, beginning July 2019. Once he completes his initial two years of clinical training, he will then matriculate, under the mentorship of faculty at the University of Michigan, into the three-year research training program consisting of didactic courses followed by a major research study. The program concludes after the final three years of clinical training. The Physician Scientist Residency Training Award is the newest addition to the Urology Care Foundation’s portfolio of mentored research training grants.

HIGHLIGHTS FROM DR. BERENDS’ CAREER

- Best Medical Student (MSIII) in Urology (2017-2018)
- B.S. Biology, summa cum laude, Howard Payne University (2010-2013)
- Selected for Special Forces, 2010
- Volunteer Service: VA “No Veteran Dies Alone” program, community health outreach
- Published in Nature Scientific Reports, Frontiers in Oncology, Nature Scientific Data, Radiotherapy and Oncology, Journal of Clinical Oncology, International journal of Radiation Oncology, Biology, Physics
- Research experience: radiation oncology, computer-assisted intervention, molecular biology of hemorrhagic fever virus
- Four deployments to Iraq and Afghanistan

Making A Difference in Funding Breakthroughs

The Urology Care Foundation funded 14 Disease/Condition areas in 2018:

- Urinary Incontinence
- Prostate Cancer
- Prostatitis
- Bladder Cancer
- Kidney Cancer
- Urology Disorders
- Infertility
- Urinary Tract Infection
- Painful Bladder Syndrome
- Cystitis
- Interstitial Cystitis

The Urology Care Foundation is a steward of research grants at institutions, such as:

- Cedars-Sinai Medical Center
- Weill Cornell Medical College
- Vandebilt University Medical Center
- John Hopkins University
- Children’s Hospital Boston
- University of Michigan
- Johns Hopkins University
“The Urology Care Foundation award helped protect my research time and improved the sustainability of my research career. This support has played a major role in driving the success of my research efforts to date.”

– Vijaya M. Vemulakonda, MD
Rising Stars in Urology Awardee
RISING STARS IN UROLOGY RESEARCH

Christopher E. Barbieri, MD, PhD, Weill Cornell Medical College | New York, NY
Lysanne Campeau, MDCM, PhD, Lady Davis Institute – Jewish General Hospital | Montreal, QC
Timothy Daskivich, MD, MSHPM, University of Miami | Miami, FL

RESEARCH SCHOLARS

Parul Aggarwal, PhD, University of Cincinnati College of Medicine | Cincinnati, OH
Ken Batai, PhD, University of Arizona Health Center | Tucson, AZ
Bethany Baumann, PhD, University of Illinois Urbana-Champaign | Chicago, IL
Jennifer Bjaevic, MD, University of Western Ontario | London, ON
Andrew Chin, PhD, Cedars-Sinai Medical Center | Los Angeles, CA
Christina B. Ching, MD, The Research Institute | Rockville, MD
Laura A. Mike, PhD, University of Pennsylvania | Philadelphia, PA
Evaristus C. Mbanefo, PhD, Biomedical Research Institute | Rockville, MD
Scott R. Manson, PhD, Baylor College of Medicine | Houston, TX
Morgan A. Gongola, University of Arkansas for Medical Sciences | Little Rock, AR

SUMMER MEDICAL STUDENT FELLOWSHIPS

Zongwei W. Wang, PhD, Massachusetts General Hospital | Boston, MA
Karen Wheeler, MD, PhD, University of Texas Health Sciences Center at San Antonio | San Antonio, TX

RESIDENCY RESEARCH AWARDS

Jacob Gantz, MD, University of Rochester Medical Center | Rochester, NY
Duncan R. Morhardt, MD, PhD, University of Michigan | Ann Arbor, MI

SUMMER MEDICAL STUDENT FELLOWSHIPS

Karen Wheeler, MD, PhD, University of Texas Health Sciences Center at San Antonio | San Antonio, TX

RESEARCH SCHOLARS

Matthew J. Resnick, MD, Vanderbilt University Medical Center | Nashville, TN
Mehdi Mollapour, PhD, Upstate Medical University | Syracuse, NY
Vivek Narayan, MD, University of Pennsylvania | Philadelphia, PA
Michael A. Bell, Johns Hopkins Medical Institutions | Baltimore, MD
Hooman Sadri-Ardekani, MD, PhD, Wake Forest University | Winston-Salem, NC
Kymora Scotland, MD, PhD, University of British Columbia | Vancouver, BC

SUMMER MEDICAL STUDENT FELLOWSHIPS

Karen Wheeler, MD, PhD, University of Texas Health Sciences Center at San Antonio | San Antonio, TX

“...I think the Urology Care Foundation is a tremendous advocate for research relevant to urologic conditions. Particularly since many of the agencies and foundations that fund urologic research certainly are committed to it but not specifically. The Foundation plays a very important role in terms of that leadership.”

– Michael Hsieh, MD, PhD
EMPOWER
We’re persistently striving to empower patients with the most trusted, reliable and comprehensive urologic health information.

WE PROMISE TO...

PATIENT EDUCATION
Together, We Make a Difference in
Making A Difference with Patient Resources

Our award-winning magazine, UrologyHealth extra®, is designed with the patient in mind. Through our vast distribution channel of AUA member urologists, advanced practice providers, allied health care professionals, residents and non-urologist MDs, UrologyHealth extra® has become one of the most read publications in urology waiting rooms.

The perfect balance of clinical information, recipes and tips for managing overall health, this magazine is easy for patients, caregivers and the general public to read. UrologyHealth extra® is a physician-led education tool, so the information is always reliable and current.

UrologyHealth extra® is a free publication released quarterly and is available in both print and digital formats. In 2018, we expanded the reach of this award-winning patient magazine by nearly 10 percent.

Print Circulation ................. 249,531
Digital Circulation ............... 104,241
Total 2018 Circulation .......... 353,772

“There are now countless resources on the Internet, of varying quality and accuracy, available to urology patients today. As a urologist, I need a single site I can refer my patients to with utmost confidence – that is the Urology Care Foundation.”

– Brian Stork, MD
Developed, reviewed and updated 9 PATIENT EDUCATION MATERIALS into Spanish and established plans to expand our portfolio by adding more materials in Spanish, Italian and Portuguese in 2019.
Charles “Chuck” Kilhoffer’s erectile dysfunction (ED) was a result of the radical prostatectomy he had to treat his prostate cancer. He first tried a vacuum pump to improve blood flow to his penis, which worked for a while, but found the compression was uncomfortable. Chuck then opted for an inflatable penile prosthesis to resolve his ED.

“As I look back, I realize it’s important to know what you’re getting into before you begin,” he says. “I would tell a new patient it’s very important to do exactly what the surgeon tells you. If they tell you not to have intercourse for six weeks… don’t do it.”

Chuck says if you have ED, you should ask about what’s available and learn as much as you can about helpful treatments and how they work.

The Foundation prides itself on being a valuable resource for patients seeking information on various urologic conditions and diseases, including ED.

“The Foundation prides itself on being a valuable resource for patients seeking information on various urologic conditions and diseases, including ED.
Together. We Make a Difference in

OUR COMMUNITY
Making a Difference at the Annual Urology Advocacy Summit

The Urology Care Foundation continues to reinforce its messaging with Congress and among government agencies through patient and research advocacy outreach initiatives. In March, physician, patient and research advocates met with members of Congress, their staff and leading government agencies, such as National Institutes of Health (NIH), to discuss important urologic health care topics, including access to prostate cancer screening and funding for urologic research.

Making a Difference at the AUA Annual Meeting

The Patient Advocacy Hub at the 2018 AUA Annual Meeting successfully connected more than 20 patient advocacy organizations with meeting attendees. The program featured presentations from physician subject matter experts focused on clinical trials, shared decision-making and the importance of removing stigma surrounding urologic conditions. Additionally, Advocacy Hub attendees participated in two roundtable discussions focused on innovative approaches to cultivating patient advocates and best practices for implementing successful advocacy campaigns.

Each year, the Foundation holds different events to raise funds for research and awareness of urologic conditions. In 2018, the Foundation put on “Rockin’ for a Cause” during the AUA’s Annual Meeting held in San Francisco, California. The event took place on May 18 at Mezzanine, a premiere live music venue. It was a fun night filled with entertainment featuring urologist-led bands, Sticks and Stones and The Void. Attendees also had a chance to show off their singing talents during the event’s karaoke challenge.

The sold-out benefit raised nearly $160,000 in support of the Foundation’s education and research programs.

Making a Difference in Prostate Cancer

The Foundation joined forces with Dr. Sandy Siegel, a Foundation Board Member and longtime Foundation supporter, as well as Chesapeake Urology Associates to participate in the annual Dr. Sanford J. Siegel/ZERO Prostate Cancer Run/Walk. The Foundation is one of the beneficiaries of the Baltimore Run/Walk. From the race, the Foundation will receive more than $600k to support the Chesapeake Urology Research Scholars endowment and the Community-Based Research to Advance Prostate Cancer Care endowment fund at the Urology Care Foundation. These funds will enable the Foundation to continue to work with the best and brightest scientists to advance prostate cancer care through research.

In honor of Dr. Siegel, who was diagnosed in 2018 with prostate cancer, the Foundation officially announced the naming of the Urology Care Foundation endowed Research Scholar Award: The Chesapeake Urology Associates Sanford J. Siegel, MD Prostate Cancer Research Scholar Fund. Dr. Siegel inspires us all with his passion and leads the charge as an esteemed urologist, as a community leader and prostate cancer advocate. He is a man determined to end prostate cancer and will never take no for answer.

The Foundation was also represented at the first ever ZERO Prostate Cancer Run/Walk held in New York City, thanks to faculty and residents from Northwell Health and Foundation President, Dr. Nagler.
Making a Difference in Bladder Health and Research

More than 25 patient, physician and research advocacy organizations convened in Washington, DC at the Bladder Health Alliance Roundtable meeting on October 3, 2018. The coalition meets annually and aims to raise awareness and remove stigma associated with conditions impacting bladder health. Meeting topics included the value of patient centered care plans, how to elevate conversations between patients and providers about bladder health and continuing advocacy efforts for urologic research funding.

The keynote presentation featured an overview of the NIH by Dr. Tamara Bavendam, Senior Scientific Officer for the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). Dr. Bavendam’s presentation focused on how patient advocates can effectively interact with NIH and outlined several urology focused cooperative networks within NIH. She also discussed various types of research strategies to customize treatment plans for patients.

The meeting included a Congressional Reception on Capitol Hill where participants networked with presenters and peers. Rep. George Holding (R-NC-2), who sits on the House Ways & Means Committee, attended the event and spoke with attendees about the value of urologic research and how allocated research funding plays a pivotal role in bringing new treatment therapies to patients.

In addition to raising awareness throughout November about conditions impacting bladder health, the Urology Care Foundation hosted the first Bladder Health Month “Day of Thanks” on November 15, 2018. The day provided outreach and awareness to the public about bladder health conditions and thanked individuals who work on a daily basis to improve the quality of life of patients living with bladder health conditions. The day’s social media campaign featured more than 100 tweets resulting in nearly 600,000 impressions. Throughout November, there were more than 565 tweets using #BladdersMatter, the official Bladder Health Month hashtag, with nearly 2.9 million total impressions.

Thank You to Our Bladder Health Alliance Partner Organizations for Making a Difference!

- Alliance for Aging Research
- American Geriatric Society’s Health in Aging Foundation
- American Urogynecologic Society
- American Urological Association
- Association for the Bladder Extrophy Community
- Association for Pelvic Organ Prolapse Support
- Bladder Cancer Advocacy Network
- Blue Thong Society
- Caregiver Action Network
- Chesapeake Urology Associates
- HealthyWomen
- International Society for the Study of Women’s Sexual Health
- Interstitial Cystitis Association
- Men’s Health Network
- Multiple Sclerosis Association of America
- Multiple Sclerosis Foundation
- National Association for Continenence
- National Association of Nurse Practitioners in Women’s Health
- National Multiple Sclerosis Society
- Simon Foundation for Continence
- Society for Women’s Health Research
- Society of Urologic Nurses
- Spina Bifida Association
- SUFU - Society of Urodynamics, Female Pelvic Medicine & Urogenital Reconstruction
- United Spinal Association
- Urological Association of Physician Assistants
- Veterans Health Council
- WOCN - Wound Ostomy and Continence Nurses Society
Financial Stewardship

2018

Financial Highlights of 2018 may be summarized by the Urology Care Foundation’s two major categories:

**RESEARCH GRANTS**

Our funding opportunities have expanded around the globe and span the career spectrum of research, including medical students, residents, postdoctoral fellows and independent investigators.

The AUA administers grants that are awarded to institutions and individuals through the Urology Care Foundation. The AUA has a stringent peer-review process that reflects the highest standards of the National Institutes of Health. Each year, the Foundation grants nearly $2 million in research funding to support training awards, salary stipends and fellowships to promising young investigators.

**EDUCATION AND OUTREACH**

The Foundation dedicates time and effort to raise awareness of urologic health through national public health campaigns and publications. Online and print materials produced by the Foundation are based on information from the AUA’s Clinical Guidelines. Our patient-friendly educational tools are designed to promote communication between patients and their healthcare providers. This includes publishing our quarterly, award-winning patient focused magazine.

83 cents of every dollar raised is directly invested in urologic research and education programs.

“A copy of the most recent audited financials is available by contacting the Urology Care Foundation. Documents submitted under the Maryland Charitable Solicitations Act are also available from the Maryland Secretary of State, State House, Annapolis, MD 21401 (410-974-5534).

“The Urology Care Foundation has been providing funding for urology research for more than 40 years, which enables a lot of important discovers in urology.”

– Stacy Loeb, MD
Through hundreds of generous donors, the Urology Care Foundation is able to make a difference in the lives of those impacted by urologic conditions and disease. Every donation counts and your contribution can make a difference in improving patients’ lives.

The Foundation offers a wide range of gifting options through which individuals, corporations and foundations can help support. Here are a few of our most popular giving arrangements:

### Making a Difference with a Planned Gift

Make us part of your family’s philanthropy. You can plan a gift to us that will only take effect after your other financial obligations are fulfilled.

**Gifts from a Retirement Plan**
Leverage your retirement assets to benefit you and your family, reduce federal taxes and support urologic cures far into the future.

**Gifts of Life Insurance**
Leave a lasting gift.

**Gifts of Stock and Appreciated Assets**
Take advantage of appreciated securities without incurring capital gains tax.

**Name the Urology Care Foundation in Your Will or Trust**

### Making a Difference with a Donation

This year, the Urology Care Foundation created the Visionary Endowment Fund initiative to start in 2019. This pooled endowed fund will bring together donors who share a passion to make a significant impact on the future of our Research and Patient Education programs. The ultimate goal of the Visionary Endowment Fund is to fund a Research Scholar Bridge to Independence Award, which will provide an additional year of funding to a current Research Awardee that shows promise in their current research projects.

Donors who contribute $100,000 or more to the Visionary Fund will receive special recognition in perpetuity as a Visionaries’ Circle member, like being added to the newly created donor wall at the AUA headquarters.

Make a donation to help the Foundation advance urologic research and education to improve patients’ lives. Consider donating today! [UrologyHealth.org/donate](http://UrologyHealth.org/donate)

To learn more about planned gifts, the Visionary Endowment Fund and donating, we welcome you to personally contact our development office for assistance.

**Industry and Corporate Giving:**
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Director of Development, Urology Care Foundation  
cduncan@UrologyCareFoundation.org  
Phone: 410-689-4064

**Individual Giving:**
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eboyce@UrologyCareFoundation.org  
Phone: 410-689-4034
Together, Our Leaders
Make a Difference

Our Board of Directors

The Urology Care Foundation Board of Directors’ governance structure includes public directors, AUA member urologists, the AUA’s treasurer and chair.

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The Board is united in its quest to support and improve the prevention, detection and treatment of urological diseases through research and education.

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Together, We Make A Difference in Patients’ Lives

Our mission is to support urologic research and provide the most current, comprehensive and reliable urologic health information for patients and the public and we can’t achieve this mission without the support of our corporate, foundation and association donors. Our volunteers and donors are making a difference every day. We’d like to recognize, with heartfelt gratitude, the gifts made from January 1, 2018 through December 31, 2018.

CORPORATE CHAMPIONS

UROLOGY SECTIONS AND SOCIETIES

William D. Steers, MD Award

E. Darracott Vaughan, Jr., MD Award

Sakti Das, MD Award

Anupam Ted Kedia Award

Hari Badlani Award

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Specialized Program of Research Excellence Award

Joseph Segura, MD Scholarship in Endourology and Stone Management

Raju Thomas, MD Award

Anupam Ted Kedia Award
With Gratitude

The work of the Urology Care Foundation in urologic research and education is made possible through the generous support of the following individuals.

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“My wife and I decided to designate a portion of our estate to support the Urology Care Foundation as a way to give back to an organization that has enhanced my career in Urology. I want to see my hard work translated into funds that help launch the careers of scientists and clinicians in our field. Supporting the initiatives of the Foundation is critical to advancing the work of clinicians and researchers who are developing the science and tools for the future of our trade.”

– Roger E. Schultz, MD, FACS
Mid-Atlantic Sectional Representative to the Board of the AUA