Infertility is when you cannot get or stay pregnant after trying for at least a year. If you are a woman over age 35, you should talk to your health care provider after six months of trying.

Unlike women, who are not able to naturally get pregnant after menopause, men can produce sperm and be fertile throughout their life.

About ½ of infertility cases can be linked to the male.

100 million
Average number of sperm cells released during normal ejaculation. Of these, only 1 sperm wins the race to fertilize the egg.

10 – 12 weeks
Time it takes for a man’s body to make sperm.

Men with less than 20 million sperm per milliliter of semen may have a higher chance of infertility.

UNICEF estimates an average of 353,000 babies are born each day around the world.
Temperature is a vital factor in making sperm. The testes need to be several degrees cooler than the rest of the body. Even a few degrees difference can impact sperm count.

Up to
5 days
Length of time sperm can live for inside a woman’s body

More than
500 billion
Number of sperm produced during an average man’s lifetime.

1 in 6
Number of adult couples who are infertile, according to a 2013 report in *Fertility & Sterility*.

Most popular baby names in the United States over the last 5 years:

Jacob  Sophia

5 micrometers
The normal size of a sperm cell (not counting its tail) – the smallest cell in the human body.

120 micrometers
The normal size of an ovum, or egg – the largest cell in the human body.