WE’RE NUTS ABOUT THESE FACTS

Did you know that “avocado” is the Aztec word for testicle? Testicles, also called testes, are egg-shaped organs that sit in the sac (scrotum) behind the penis. Their job is to make sperm and the male sex hormone, testosterone. Common problems that impact the testicles involve testicular trauma, testicular torsion, testicular cancer, epididymitis and hypogonadism. Facts about these health issues can be found at UrologyHealth.org.

It is common for men to have 2 testicles.

Polyorchidism is when a man has more than 2 testicles, but this is rare.

10-13 years
Age range when testicles will start to grow.

1 healthy testicle can make enough sperm to fertilize a woman’s eggs.

200 million
Number of sperm normal, healthy testicles make each day.

50%
of undescended testicles (cryptorchidism) drop on their own during the first three months of life.

2-3 x 1
Average size of an adult testicle.
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8,430
Number of new cases of testicular cancer diagnosed in 2015.

Over
200 million
Number of sperm in a normal ejaculation.

About
70 days
Time for new sperm to be made and to fully mature.

More than
95%
Cure rate for testicular cancer, when it’s caught early.

Over
2-3
(degrees Fahrenheit)
Numbers of degrees cooler that testicles are than a man’s normal body temperature.

80%
of a testicle (by volume) is involved in making sperm.

15-35 years
Age range when testicular cancer is most common.

A sperm has
50%
of the DNA of a normal cell in the body.

200 million
Number of sperm in a normal ejaculation.

15%
of men have veins that stand out in the scrotum called a varicocele (“bag of worms”).

12-18 years of age.
But, this can also happen in babies.

Testicular torsion is when the cord to the testicle twists. This is more common in guys

15
Age at which guys should start to do monthly testicular self-exams. For more facts about testicular cancer or doing a self-exam, visit the Urology Care Foundation website: UrologyHealth.org.

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