**Facts about PROSTATE CANCER**

- **The Prostate is a small, walnut-shaped gland found only in males.** It contains cells that make fluid (semen) to protect and nourish sperm.

- **In its early stages, prostate cancer often has no symptoms.**

- **Although the prostate-specific antigen (PSA) blood test is the main screening test for prostate cancer, prostate cancer can only be diagnosed through a biopsy of the prostate.**

- **Nearly 3 million men in the United States are prostate cancer survivors.**

- **Prostate cancer is the most common cancer in American men.**

**Aside from age, risk factors for prostate cancer include family history and race.**

1. 1 in 9 men will be diagnosed with prostate cancer.
2. Your chance of being diagnosed increases to:
   - 1 in 6 if you are African-American
   - 1 in 5 if you have a family history of the disease

- **If you are 55 to 69 years of age, talk to your doctor about whether prostate screening is right for you.**

Most doctors agree if you do things that are heart healthy, you will also keep your prostate healthy.

For more information about prostate cancer, visit the Urology Care Foundation’s website: UrologyHealth.org.