WHEREAS, healthy kidneys are essential for regulating our bodies by removing fluids, waste, and toxins. Kidneys release hormones to help regulate blood pressure, produce red blood cells, and strengthen our bones; and

WHEREAS, 1 in 10 Americans will have kidney stones at some point in their life and each year 500,000 people will go to the emergency room because of kidney stones; and

WHEREAS, kidney disease is the ninth leading cause of death in the United States, and it is estimated that more than one in seven Americans have chronic kidney disease; and

WHEREAS, the American Cancer Society estimates there will be 76,080 new cases of kidney cancer in the United States in 2021, resulting in an estimated 13,780 deaths; and

WHEREAS, it is estimated 1,040 men and women in Colorado will be diagnosed with kidney cancer this year and it is estimated 190 Coloradans will die from this disease; and

WHEREAS, the precise cause of kidney cancer is unknown, however the two main causes of kidney failure are diabetes and high blood pressure, which are responsible for more than 70 percent of all kidney failure cases. Therefore, kidney failure and disease can often be delayed or prevented; and

WHEREAS, advances in diagnosis and procedures such as radiation and chemotherapy create opportunity for kidney cancer patients to live longer; and

WHEREAS, the state of encourages all men and women to improve their chances of keeping healthy kidneys by eating well, drinking plenty of fluids, not smoking, and communicate with your doctor about your kidney health;

THEREFORE, I, Jared Polis, Governor of the State of Colorado, do hereby proclaim the month of March, 2021 as

KIDNEY HEALTH MONTH

in the State of Colorado.

GIVEN under my hand and the Executive Seal of the State of Colorado, this first day of March, 2021

Jared Polis
Governor