

THE IMPACT OF VAPING/SMOKING ON YOUR UROLOGIC HEALTH

Smoking is the world's most needless cause of death. Since the first U.S. Surgeon General's Report on Smoking and Health in 1964, more than 20 million premature deaths in the U.S. have been linked to smoking. Cigarette smoking harms nearly every organ of the body, causes many diseases, and lowers the overall health of smokers.

Both smoking and long exposure to second-hand smoke are among the leading causes of many urologic conditions. The smoke from regular cigarettes contains a deadly mix of

7,000
chemicals

While the health effects of regular cigarettes are well known, scientists are still learning about the long-term health effects of e-cigarettes or vaping. Most e-cigarettes have nicotine, which is highly addictive and can harm teen brain growth.

REGULAR CIGARETTES ARE KNOWN TO RAISE THE RISK OF BLADDER CANCER.

In 2019, more than 80,000 Americans were told they have bladder cancer.

Smoking causes harmful chemicals and drugs to collect in the urine. These chemicals affect the lining of the bladder and raise your bladder cancer risk.

While smoking regular cigarettes is a clear cause of bladder cancer, much less has been studied about the bladder cancer risk linked to e-cigarettes. Studies done so far suggest there are links between vaping and an increased risk of bladder cancer.

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The Impact of Vaping/Smoking on Your Urologic Health

Each year, more than

1 MILLION PEOPLE

visit their doctor because of painful kidney stones.

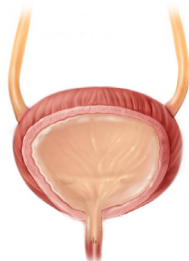
Smoking greatly raises the risk of getting kidney stones.



UP TO 12% OF WOMEN

have early signs of interstitial cystitis (IC), which is a chronic bladder health problem. **Smoking irritates the bladder and can worsen IC symptoms.**

Incontinence (leaking urine) and overactive bladder (OAB) affect more than 33 million men and women.



About 74,000 new cases of kidney cancer were found in 2019, many caused by smoking.

Infertility impacts both men and women.

ABOUT 50% OF INFERTILITY CASES CAN BE LINKED TO MALES.

Smoking can harm the genetic make-up in eggs and sperm. The infertility rate for smokers is double the rate for non-smokers.

Erectile dysfunction affects 20-30 million American men.

ED results from poor blood flow to the penis. **Smoking can harm blood vessels, which has an impact on the blood flow.** This can result in not being able to get or keep an erection firm enough for sexual intercourse.

Smoking irritates the bladder and can cause frequent urination. It can also cause coughing spasms that can lead to the leaking of urine.